

# FSMBC, Cruiser Instructions 21/5/17



## Cowes to Gilkicker Ladies race

- The races will be sailed under the current RRS\* (The Racing Rules of Sailing) and the prescriptions of the R.Y.A.
- Motors must be off 5 minutes before the start, and remain off for the duration of the race.
- Each yacht must have a handicap assigned by the Hon Sailing Secretary, before the start of race.
- **All yacht owners must have submitted a 2017 signed Risk / declaration form\* to the Sailing Sec. prior to participating.**
- Allocated Race Number must be displayed by competing yacht at start.
- Yacht to be helmed by a Lady Crew / Lady Owner throughout duration of race.
- Maintain a listening watch on Ch. 8 for instructions from the Race Officer. (Call sign FSMBC Race Control)
- Reminder that VHF Ch. 11 for QHM, Ch. 12 for Southampton VTS and Ch. 67 for Solent Coastguard.
- All yacht owners must inform the Race Officer of their intention to race. Ch. 8 or in person prior to departing mooring.
- **Competitors retiring from race must inform Sailing Sec of their intention.**

| Course F                                                                                                                                                                                                                                               | Course G                                                                                                         |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
| <i>Start: 1300hr</i>                                                                                                                                                                                                                                   | <i>Start 1300hr</i>                                                                                              |
| <i>Start Westward - Deloitte Sailing Club (4F)<br/>West Knoll (3Y) – Starboard<br/>Jonathan Janson (4Q) – Port<br/>Cutter (4G) – Starboard<br/>Royal Yacht Squadron (44) – Starboard<br/>Colette (4X) – Port<br/>Finish RNC &amp; RAYC (5G) - Port</i> | <i>Start Eastward – Deloitte Sailing Club (4F)<br/>Colette (4X) – Port<br/>Finish RNC &amp; RAYC (5G) - Port</i> |
| <i>Approx. 14Nm</i>                                                                                                                                                                                                                                    | <i>Approx. 6Nm</i>                                                                                               |

- **Start will be:** in direction given above, between the Committee Boat and buoy 4F.
- **Start sequence will be:** given on VHF Ch.8. at 5min, 4min, 1min – Club flag lowered at start + Sound sig.
- **Any individual recall or race postponement given on Ch.8.**
- **Finish line will be:** when buoy 5G lies to Port on a bearing of 305 deg. (M) (Transit red pile on shore line)
- Competitors are to record their own **Finish Time (BST) in Hr:Min:Sec** taken either from GPS or mobile phone and, if possible, the names of the boats ahead & astern. Please send this along to Sailing Sec. with your boats Name & Race Number to [sailing@fsmbcnet.org.uk](mailto:sailing@fsmbcnet.org.uk) or text to 07786 614708. NB. Failure to provide the above information by 21.00hrs on the day of race will lead to 'DNF'.

### ISAF Fundamental Rules

#### 1 Safety

- **Helping those in danger.**  
A boat or competitor shall give all possible help to any person or vessel in danger.
- **Life saving equipment and personal buoyancy.**  
A boat shall carry adequate life-saving equipment for all persons on board, including one item ready for immediate use, unless her class rules make some other provision. Each competing skipper is responsible for his vessel and crews safety in all conditions.
- **Fair Sailing**  
A boat and her owner shall complete in compliance with recognized principles of sportsmanship and fair play. A boat may be penalised under this rule only if it is clearly established that these principles have been violated. A disqualification under this rule shall not be excluded from the boat's series score.

#### 2 Acceptance of the rules. By participating in a race conducted under these racing rules, each competitor and boat owner agrees to:-

- To be governed by the rules (Racing Rules of Sailing\*)
- To accept the penalties imposed and other action taken under the rules, subject to the appeal and review procedures provided in them, as the final determination of any matter arising under the rules; and  
With respect to such determination, not to resort to any court or other tribunal not provided by the rules.

Competitors are also reminded that the International regulations for preventing Collisions at sea or government right of way rules apply between a boat sailing under RRS rules and a vessel that is not.

**Particular Attention, is drawn to rule 9 Narrow channels; Competitors must not impede vessels restricted in their ability to manoeuvre. Please keep well clear of all commercial marine traffic.**