

Nab Towwer Race
Sat 6th June 2015
Portsmouth Harbour Interclub Series
Eastern Solent

SAILING INSTRUCTIONS

1 RULES

- 1.1* The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Racing rule 62 will be changed as follows: A boats NHC will be adjusted after every race. An adjustment of handicap is not grounds for redress

2 Eligibility and Entry

The race is open to all registered Interclub cruisers. All competitors must sign on to race control on VHF channel 37/M1 at least 5 minutes prior to the warning signal

3 CHANGES TO SAILING INSTRUCTIONS

Any changes to sailing instructions will be made by 08:00 on 6th June 2015. Any changes will be communicated on VHF Ch37/M1 at 08:30BST on 6th June 2015 and details of any changes to sailing instructions may alternatively be obtained by contacting your club representative. Portchester (Russell Peace) on 07800 561469. Fareham (Chris Hare) Hardway (Nick Holding) up until 09:30 on 6th June 2015.

4 SIGNALS MADE ASHORE

- 4.1 All signals will be flown from Hardway Sc flag pole
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 90 minutes' in the race signal AP.
- 4.3 When flag Y is displayed ashore, rule 40 applies at all times while afloat. This changes the Part 4 preamble.

5 SCHEDULE

- 5.1 Start 10.00

6* CLASS FLAG

Class flags will be: **Code flag C**

7 RACING AREA

7.1 The Eastern Solent.

8 THE COURSES

8.1 Course 1

Mark	Distance	Bearing	Cumulative	Side
Gleeds (5M)				
Nab Tower (6R)	8.45	136	8.45	Port
Winner (6L)	5.37	339	123.82	Port
No Man's Land Fort (6A)	3.62	258	17.44	Starboard
RNC & RAYC (5G)	2.46	325	19.9	Starboard
Portsmouth Sailing Club (5H)	0.53	41	20.43	

Course 2

Mark	Distance	Bearing	Cumulative	Side
Gleeds (5M)				
Nab Tower (6R)	8.45	136	8.45	Starboard
RNC & RAYC (5G)	9.32	313	17.77	Starboard
Portsmouth Sailing Club (5H)	0.53	41	18.3	

8.3 Legs of the course will not be changed after the preparatory signal. This changes rule 33.

8.4 The course number will be broadcast on channel M1 prior to the warning signal

8.5 The time limit for the race will be 6 hours

9 THE START

9.1 Races will be started by using rule 26 with the warning signal made 5 minutes before the starting signal.

9.2 The starting line will be between Gleeds (5M) and the Hardway committee boat.

9.4 A boat starting later than 15 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rules A4 and A5.

10 THE FINISH

The finishing line will be between Portsmouth Sailing Club (5H) and perpendicular to Haslar wall. Record your own **elapsed** time in Hr:Min:Sec and if possible the names of the boats ahead and astern. Please send this information along with your boats name and Interclub race No to Steve Simmons: steve.leeonsolent@gmail.com or Text to 07850494447 **NB. Failure to**

provide the above information by 20.00 deadling on 6th June will lead to a DNF being recorded.

11 PROTESTS AND REQUESTS FOR REDRESS

- 11.1 Protest forms are available at the race office[, located at Hardway Sailing Club.
- 11.2 The protest time limit is 240 minutes after the last boat has finished
- 11.3 . Hearings will be held in the protest room, located at Hardway Sailing Club.

12 SAFETY REGULATIONS

- 12.1 All yachts must comply with ISAF category 5 safety regulations
- 12.2 All yachts must carry a working VHF radio capable of transmitting and receiving on channels 37/M1 and 16
- 12.3 A boat that retires from a race shall notify the race committee by VHF or text as soon as possible.

13 TRASH DISPOSAL

Boats shall not put trash in the water.

14 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

15 RISK STATEMENT

Competitors participate in the regatta entirely at their own risk. See rule 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue racing is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

16 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 (GBP) per event or the equivalent.