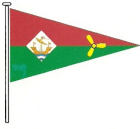


FSMBC, Cruiser Race Instructions



Cowes to Gilkicker R5 – 15th September 2019 Separate Trophy for Lady's Helm

- The races will be sailed under the current RRS* (The Racing Rules of Sailing) and the prescriptions of the R.Y.A.
- Motors must be off 5 minutes before the start and remain off for the duration of the race.
- Each yacht must have a Byron handicap, or accept one issued by the Sailing Secretary, before the start of race.
- **All yacht owners must have submitted a 2019 signed Risk Declaration form* to the Sailing Sec. prior to participating.**
- Race will form part of Solent race series. An additional trophy awarded to 1st Lady helm to complete.
- Maintain a listening watch on Ch. 16
- Reminder that VHF Ch. 11 for QHM, Ch. 12 for Southampton VTS and Ch. 67 for Solent Coastguard.
- Minimum number of 2 competing boats required.

Course J
<p><i>Start: - 10.30 BST</i></p> <p><i>Starting SE, Start Line extends 200M NE from buoy: -</i></p> <p>4F – (S) 50:47:20N / 01:17:00W</p> <p>5D - (P) 50:45.18N / 01:09.65W</p> <p><i>Finish Line extends 200M East from buoy: -</i></p> <p>5G - (P) 50:46.42N / 01:07.90W</p> <p><i>Approx. 6.6Nm</i></p>

- **Start will be;** when buoy 4F lies to Starboard on a bearing of 225 deg. (M) Yachts may start within + or – 5min of above start time. Contestants must record their start time.
- **Finish line will be;** when buoy 5G lies to Port on a bearing of 315 deg. (M)
- Competitors are to send to the Sailing Sec (sailing@fsmbcnet.org.uk or text to 07786 614708) the following: -

Owners Name, Lady's Helm Name, Boats Name, Race Number, Start Time, Elapsed Time.

- All times submitted must be in the following format: **Hr: Min: Sec**
- Any competitor who fails to submit the above information within 9 hours of the start time will be entered as DNC.

ISAF Fundamental Rules

1 Safety

- **Helping those in danger.**
A boat or competitor shall give all possible help to any person or vessel in danger.
- **Lifesaving equipment and personal buoyancy.**
Boat shall carry adequate life-saving equipment for all persons on board, including one item ready for immediate use, unless her class rules make some other provision. Each competing skipper is responsible for their vessel and crew's safety in all conditions.
- **Fair Sailing**
A boat and her owner shall complete in compliance with recognized principles of sportsmanship and fair play. A boat may be penalised under this rule only if it is clearly established that these principles have been violated. A disqualification under this rule shall not be excluded from the boat's series score.

2 Acceptance of the rules. By participating in a race conducted under these racing rules, each competitor and boat owner agrees to:-

- To be governed by the rules (Racing Rules of Sailing*)
- To accept the penalties imposed and other action taken under the rules, subject to the appeal and review procedures provided in them, as the final determination of any matter arising under the rules; and
With respect to such determination, not to resort to any court or other tribunal not provided by the rules.

Competitors are also reminded that the International regulations for preventing Collisions at sea or government right of way rules apply between a boat sailing under RRS rules and a vessel that is not.

Particular Attention is drawn to rule 9 Narrow channels; Competitors must not impede vessels restricted in their ability to manoeuvre. Please keep well clear of all commercial marine traffic.

* Available on Club Web site

SI: Version 2019 v1